Immigrant History Initiative

Addressing Anti-Asian Racism

through engaging & supporting students
Introduction

- Content warning
  - We will be discussing anti-Asian attacks and may view triggering images
- Poll

PRESENTERS

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Today's Context

Racism is always a problem, but tends to increase after national crises like COVID-19.

In Public

- 45% of Asians experienced specific offensive incidents related to the coronavirus.
- >6,600 reports of anti-Asian discrimination nationwide since 2020.

In School

- Under 1/2 of Asian families returning to school in many cities.
- 1/4 Asian students report identity-based bullying since the start of the outbreak.

Immigrant History Initiative
Perpetual Foreigner

Myths & Stereotypes

Model Minority
Where are you really from?

Rooted in Asian Exclusion

Foreign = Dangerous, Disloyal, Immoral

American = White, Western European

Japanese Incarceration, Islamophobia, COVID-19

Perpetual Foreigner Stereotype
Model Minority Myth

- Historical emasculation & silencing
- Quiet, docile, successful
- Weapon against other people of color
- Erasure & lack of resources
- Bamboo ceiling
Talking Race & Identity

Part 2
Racial Trauma

Racial trauma or race-based traumatic stress refers to the mental and emotional injury caused by encounters with racial bias and ethnic discrimination, racism, and hate crimes. These events are experienced as sudden, out of one’s control, and emotionally painful.
Racial Trauma

- Perceived threat
- Re-experiencing of the trauma
- Avoidance of trauma
- Negative mood or cognitions
- Hyperarousal

DSM-V: Criteria for PTSD
Use this 4-step process as a guide for helping children process & respond to racialized incidents.

1. Emotional/Physical Regulation
2. Investigation
3. Problem-Solving
4. Practice
advocating at your school

Our children spend so much of their time at school and under the care of educators for a majority of their day. It is important to try to build a relationship with the educators and the school early in the academic year so that families and caregivers can work in partnership with the school to support our children.
This guide uses restorative justice dialogue circles to reflect on the causes of anti-Asian racism.

In contrast to traditional student discipline, RJ can be an important tool for communities to reflect collectively on the harms created by problematic behavior and how to move forward.

for middle & high school
Racism & Public Health

San Francisco Chinatown during the 1800s

https://www.immigranthistory.org/smallpox.html
Question & Answer
Thank you for joining us!