

TACKLING THE HIDDEN CRISIS: Immigrant Anxiety and Trauma CHAT LOG

- Monica G. How about free/reduced lunch?
 - **Shari N.** Hi. Shari N., LISW-S. I am looking for pro bono ways I can help clinically, administratively.
- Meghan Rosenberg Type your questions for Sarang here! We'll have a quick Q&A after his talk.
 - Tara S. Shari N., where do you practice
 - Jordan Y. Any sense as to whether these qualifications will be retroactive?
 - Amy H. Those in Maine that want to connect- aH.@edcollab.org
 - Laurie N. What is USCIS?
 - Mayte C. United States customs and immigration services (USCIS)
 - **Dee L., MSW** With no RFE does this mean there is an appeal process?
 - **Caitlyn D.** If an application is rejected instead of asked for an RFE, is there an opportunity to appeal?
 - Glory K. Preye C., Esq. Women Watch Afrika, Inc.
 - Lisa C. USCIS: US Citizenship and Immigration Services
 - Mayte C. Thanks Lisa! I was off by one word.
 - Lisa C. :)
 - Mayte C. I'm off to an assembly... glad to have joined this small bit of info =D
 - Glory K. Just joined was having some issues. Here in Atlanta, GA
- **Meghan Rosenberg** Thanks for joining, Mayte! All the presentations will be uploaded here after the webinar: http://www.ilctr.org/promoting-immigrants/ilc-workshops/immigrant-integration/
 - Adriana L. Can you please expand more on what "public charge" means?
 - Sarah B. Can you repeat the amount of applications being processed at this moment?
 - **Sheila F.** Does applying to Medicaid would affect people seeking a green card?
 - **Lizzy Portaluppi** Yes, we can hear and see you!
 - Lizzy Portaluppi Any questions for Blanca? Post them here now for upcoming Q&A!
 - **Shari N.** Thank you. The history of deportation policy and implementation is helpful, saddening that the structure goes back much further than most of us realize.
 - Nicole P. What is 287G that she is referring to?

Coco A. it is an agreement between ICE and local law enforcement (by county)

Glory K. 287G is an agreement between police and ICE, the police agrees to contact and hold/detain individuals for ICE

Coco A. www.americanimmigrationcoucil.org/research/287g-program-immigration

Lizzy Portaluppi Be sure to send your chats to "All Panelists and Attendees" so everyone sees them!

Janet I. Thank you, Blanca - wish that everyone in the country could see these slides - even handed and clear articulation of the problem; too many villainize immigrants through ignorance and straight up racism/xenophobia

David I. If there's time -- latest status of Dreamers?

Amy H. Recommendations for keeping kids with parents should parents be deported?

Theresa F. Blanca in your study how do you address deportation with people who come from families that were deported?

June K. Public Charge

Rebecca M. Bed quotas!!

Lizzy Portaluppi Use #ILCwebinar to tweet about today's discussion!

And follow us on Twitter @ilctr!

Michelle B. What are bed quotas?

Andrea P. How will we know when the proposed rule is published?

Shari N. I have to step away from my screen, but will still be listening. I am available for pro bono distance support - clinical, consultations, administrative, writing/editing - if any organizations need a helper.

Sorry. sN.@yahoo.com Shari N. LISW-S, Cleveland OH.

Coco A. Thank you Shari

Katlyn A. The echoes can also occur when you have your volume on loud and/or you're not using earbuds/headphones.

Mark Z. I fixed my echo by muting the browser while leaving the speaker for zoom app on.

Lizzy Portaluppi Please share your questions and comments by typing in the chat box and sending to everyone. Please do not ask the presenter directly.

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Dottie M. Thank you! That will be very helpful!

Justin K. Denzil, will this recording be available for review later? Will the individual presentations be provided?

- **Anna L.** Any suggestions for safely reaching families who are not showing up for health appointments and services?
- Isabel S. Let's stop using the term "foreign"; it has negative connotations
- **Julie H.** Yes, there is lots of information packed in this webinar. It would be helpful to listen to it again via a recording.
- **Marie P.** Claire--thank you SO MUCH for bringing up the topic of Trauma Informed Practices. You are speaking to my soul right now!
 - M. N. What about adult students as well?
- **Justin K.** Claire, can I promise my students that they will not be picked up while at school/school events?
- Valerie M. Do you have read aloud suggestions about immigration and fears?
 - David I. Asking at student's immigration status -- still illegal (I hope)?
- **Linnea C.** I second the question about adult ESL students. Many students are not coming to class anymore
 - **Janet I.** it's critical for adult ESL programs to do all they can to avoid requirements for reporting learners' immigration status
- **Kristen A.** Hey Claire! Thanks for your input. What about trauma informed teaching for adults? As an adult ESL teacher, I see very little conversation around trauma informed teaching for adults
 - Erica J. would putting social workers back in the schools help teachers
 - **Susie O.** Books about refugee/immigrant experiences: <u>https://humaneeducation.org/blog/2018/14-childrens-books-refugees/</u>
- Meghan Rosenberg BUILDING WELCOMING CLASSROOMS: For name activities and ways students can share their own cultures plus much more:

 http://www.welcomingrefugees.org/sites/default/files/documents/resources/WR_K_12Toolkit_Final.pdf
 - **Olga M.** Yes, we have to be aware that trauma Informed in a term that has multiple meanings and applications for providers. Same language or same culture doesn't mean same coping skills and impact.

Meghan Rosenberg DIVERSE LITERATURE:

http://www.leeandlow.com

https://diversebooks.org/resources/where-to-find-diverse-books/

CURRENT EVENTS AND REFLECTIONS ON PAST

https://echoesandreflections.org

http://artandremembrance.org

http://facinghistory.org

- http://www.lmnoeducation.com
- Janet I. http://www.cal.org/caela/esl resources/digests/trauma2.html
- **Susie O.** https://www.readbrightly.com/books-to-help-kids-understand-what-its-like-to-be-a-refugee/
- **Victoria R.** I've experienced that with adults--sometimes they just want someone to listen to them and acknowledge the trauma. (especially because I am a volunteer at our legal clinics and do not offer legal advice)
 - Erica J. Survival techniques
 - **Susie O.** https://www.publishersweekly.com/pw/by-topic/childrens/childrens-book-news/article/74218-childrens-books-exploring-the-refugee-crisis.html
- **Linnea C.** As a very part time teacher, how do you maintain professional boundaries with adult students who approach you with trauma? I am not a social worker nor do I have extensive experience handling mental health issues. I can become a person of trust but how do you then direct the student to the proper resources? I in no way want to promise anything I cannot control
- Yadilka M. Any recommendations for job seekers and workers?
 - **Janet I.** RE: boundaries please look up But I'm not a Therapist, by Jenny Horsman addressing issues of educators understanding boundaries of their roles
 - Linnea C. Thanks!
 - **Anna B.** Are there particularly good resources for how to train and prepare for possible ICE raids?
 - Janet I. know your rights materials should be finable online
 - **Coco A.** Thank you all I'm moving away from my computer but will stay on the phone. If we can be of service, CIMA (companeros inmigrantes de las montanas en accion) coco@cimawnc.org www.cimawnc.org
 - **Becky C.** Linnea find out what your local resources are. Are there free/reduced cost mental health providers in your area (if people are uninsured)? Are there providers who are bi-lingual/bi-cultural?
 - **Anna L.** For anyone in the Boston area:
 - https://www.eventbrite.com/e/supporting-an-inclusive-community-3-part-public-health-forum-on-the-current-immigrant-experience-tickets-47972195127
- Kristen A. https://www.changeagency.world/resources/
- **Margalit T.** MIRA Coalition Know Your Rights resources are here: https://www.miracoalition.org/know-your-rights
 - **Mark Z.** Question: How might we reach the most frightened people who aren't coming to school, clinic, insurance websites, demonstrations of solidarity, maybe not even church?

- **Sofie S.** https://www.ilrc.org/sites/default/files/documents/youth_handbook-2015-06_05-sp.pdf
- Sebastian Z. also free KYR cards in English and Spanish at www.immi.org/order
 - Mark Z. Some businesses and institutions put up "everyone welcome here" signs and posters.
 - Victor C. Does anyone have resources/strategies for overcoming mental health stigma?
- **Sebastian Z.** There are good Know your rights resources here on being prepared for raids and arrests, and finding legal help https://www.immi.org/info/LearningCenter
 - **Mark Z.** NAMI state agencies have anti-stigma material, mostly in English, but sometimes with special language affiliates. Nami national not so well.
- **Margalit T.** For mental health resources: http://www.brycs.org/clearinghouse/Highlighted-Resources-Mental-Health.cfm
 - **Noelle H.** So many great resources are being shared by the speakers and through chat. Could these be compiled and emailed out to attendees?
- Margalit T. BRYCS is a clearinghouse for all sorts of information, I always start there
- **Valerie M.** What about restorative circles? Specific prompts?
- Meghan Rosenberg http://www.Colorincolorado.org has very good basic guidelines on building alliances.
 - Michelle B. Would also love to have that all compiled and sent out!
- **Meghan Rosenberg** To see vibrant examples of community alliances that support classrooms, parents and community engagement. Sign up to get updates on new lesson plans (Coming November 2018):
 - https://artandremembrance.org/contact/sign-up-for-education-updates/
 - **Sarah B.** Just a note that when sharing artwork to be mindful that unless you're a trained art therapist, making art is great and also noting that processing artwork can bring up a lot for individuals
- **Meghan Rosenberg** Resources will be uploaded here after the webinar: http://www.ilctr.org/promoting-immigrants/ilc-workshops/immigrant-integration/

This website has a list of pro bono legal service providers by state: https://www.justice.gov/eoir/list-pro-bono-legal-service-providers

Here is a link to the National Immigration Legal Services Directory from the Immigrant Advocates Network:

https://www.immigrationadvocates.org/nonprofit/legaldirectory/

On this website, you can search for legal help for immigrants by zip code or by detention facility: https://www.immigrationlawhelp.org/

Jillian B. The ACLU also has a bunch of Know Your Rights cards, some of which are free to print and others you can order higher-quality wallet cards: https://www.aclu.org/know-your-rights

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After the webinar be sure to share your feedback in this short survey:

https://docs.google.com/forms/d/1r3v1kHP5yGvhK-NnSKcJlrxgZchJXhfKtxDhuGm YV4/edit

Anna L. That is SUPER helpful advice, Diya!

Carolina V. 2018 Boston Asylum Network Symposium and Training:

https://docs.google.com/forms/d/e/1FAIpQLSccl0r_pYLLfBDDUIjT_JFARwtXL2KvuC2i U613hZAlinigpQ/viewform

Avideh Moussavian https://www.nilc.org/issues/immigration-enforcement/campus-safe-zones-language-k-12/

Comments are only accepted after the proposed regulation comes out, which we expect very soon.

Apologies--correct link here: https://protectingimmigrantfamilies.org

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NnSKcJlrxgZchJXhfKtxDhuGm YV4/

Theresa F. Thank you so much! Have a ESOL class to teach really appreciated this!