Unpacking the Invisible Knapsack, by Peggy McIntosh

Teaching Immigration Across the Curriculum Online Teacher Workshop

Public Education Institute at The Immigrant Learning Center, Malden, MA





- Read through Peggy McIntosh's personal reflections of the daily effects of white privilege on her life.
- Respond to the reflection questions at the end.
- As you read:
 - Do any of the statements surprise you?
 - Are you able to relate personally to each statement? If so, how?
 - Can you use this article to help you to understand some of the challenges that students and community members face on a daily basis?



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- 1. I can, if I wish, arrange to be in the company of people of my race most of the time.
- 2. If I should need to move, I can be pretty sure of renting or purchasing housing in an area, which I can afford and in which I would want to live.
- 3. I can be pretty sure that my neighbors in such a location will be neutral or pleasant to me.
- 4. I can go shopping alone most of the time, pretty well assured that I will not be followed or harassed.

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- 5. I can turn on the television or look at the newspaper and see people of my race widely represented.
- 6. When I am told about our national heritage or about "civilization," I am shown that people of my color made it what it is.
- 7. I can be sure that my children will be given curricular materials that testify to the existence of their race.

8. Immigrant Learning Center If I want to, I can be pretty sure of finding a publisher for this piece on white privilege.

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- 9. I can go into a music shop and count on finding the music of my race represented, into a supermarket and find the staple foods which fit with my cultural traditions, into a hairdresser's shop and find someone who can cut my hair.
- 10. Whether I use checks, credit cards or cash, I can count on my skin color not to work against the appearance of my financial reliability.
- 11. I can arrange to protect my children most of the time from people who might not like them.

- 12. I can swear, or dress in second hand clothes, or not answer letters, without having people attribute these choices to the bad morals, the poverty, or the illiteracy of my race.
- 13. I can speak in public to a powerful male group without putting my race on trial.
- 14. I can do well in a challenging situation without being called a credit to my race.



- 15. I am never asked to speak for all the people of my racial group.
- 16. I can remain oblivious of the language and customs of persons of color who constitute the world's majority without feeling in my culture any penalty for such oblivion.
- 17. I can criticize our government and talk about how much I fear its policies and behavior without being seen as a cultural outsider.



- I can be pretty sure that if I ask to talk to "the person in charge," I will be facing a person of my race.
- 19. If a traffic cop pulls me over or if the IRS audits my tax return, I can be sure I haven't been singled out because of my race.
- 20. I can easily buy posters, post-cards, picture books, greeting cards, dolls, toys, and children's magazines featuring people of my race.



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- 21. I can go home from most meetings of organizations I belong to feeling somewhat tied in, rather than isolated, out-of-place, outnumbered, unheard, held at a distance, or feared.
- 22. I can take a job with an affirmative action employer without having coworkers on the job suspect that I got it because of race.
- 23. I can choose public accommodation without fearing that people of my race cannot get in or will be mistreated in the place I have chosen.

- 24. I can be sure that if I need legal or medical help my race will not work against me.
- 25. If my day, week or year is going badly, I need not ask of each negative episode or situation whether it has racial overtones.
- 26. I can choose blemish cover or bandages in "flesh" color and have them more or less match my skin.



Reflection

- After reading through Peggy McIntosh's personal reflections of the daily effects of white privilege on her life, did any of the statements surprise you? If so, how?
- 2. When you read through the article, were you able to relate personally to each statement? If so, how?
- 3. Can you use this article to help you to understand some of the challenges that students and community members are faced with on a daily basis? If so, how?



Thank you

